

CRYSTAL METH/ICE FACTS



What are the street names/slang terms for it?

ice, glass, crystal, ice cream, cristy, quartz

What type of drug is it?

Methamphetamine is an addictive stimulant drug that strongly activates certain systems in the brain. Crystal meth is a very pure, smokable form of methamphetamine.

What does it look like?

Crystal meth looks like shards of glass or ice chips.

How is it used?

Crystal meth is smoked using a glass pipe or "bong".

What are its short-term effects?

- irritability, aggression
- anxiety, nervousness
- convulsions, hallucinations
- insomnia
- increased blood pressure
- loss of appetite

What are its long-term effects?

- addiction
- extreme paranoia, toxic psychosis
- hallucinations, convulsions
- repetitive behavior patterns
- delusions of parasites or insects under the skin
- stroke
- heart and blood vessel toxicity
- long-term damage to brain cells similar to that caused by strokes or Alzheimer's disease

Source

Partnership for a Drug-Free America, NIDA, DEA