

DXM/Coricidin HBP



What are the street names/slang terms for it?

Dex, DXM, Robo, Tussin, C-C-C, Triple C, Red Devils, Skittles

What is it?

Dextromethorphan is a legal, over-the-counter, semisynthetic narcotic available in many cough suppressants in the United States and most countries. Any drug name with DM or Tuss in it contains the drug. Coricidin HBP contains 30 mg of DXM, the highest amount of DXM per dosage of any over-the-counter cold and cough remedy on the market.

What does it look like?

DXM comes in many different forms. The most common are various over-the-counter cough suppressants (including Robitussin, Delsym, Pertussin, Drixoral, Vicks formula 44, and several generic brands). Each brand contains different quantities of dextromethorphan, generally in the 20-30 mg per capsule range. Coricidin HBP comes in red gel-coated tablets and red gelcaps.

How is it used?

Swallowed.

What are its short-term effects?

- flushing, sweating
- nausea, vomiting
- diarrhea, abdominal pain
- seizures
- confusion, hallucinations
- high blood pressure (headache, redness of face, blurred vision)
- irregular heartbeat
- numbness of fingers or toes
- hyperactivity
- brain damage, death (in large doses of DXM and chlorpheniramine maleate, as in Coricidin HBP)

Source

Partnership for a Drug-Free America (Source: U.S. National Library of Medicine), the National Clearinghouse for Alcohol and Drug Information, and the University of Maryland School of Pharmacy.